

MOTIVATING MINUTES

My Greatest Hope is Keeping My Family Together

My name is Liliana Velasquez and we have a small family group.

What I liked most about the EHS prenatal program was the company. Feeling that a person is welcomed as if they were her family is valuable and special, especially in such a strange and distant country.

The program makes us feel safe and that we belong to a place. It also gives moms the confidence and tools to face the challenges ahead. They encourage parents to participate in the delivery of the baby. Having a doula was very helpful. If you have connected moms and have a dad accompanying her, you assure the baby of a good arrival .



I think that in my personal experience, finding the possibility of belonging to the Catholic Charities program was a blessing in the process of pregnancy.

I WANT TO ACHIEVE THE ECONOMIC STABILITY THAT ALLOWS US TO BE UNITED. I DO NOT WANT TO BE A MILLIONAIRE OR BE RICH, BUT I WANT TO HAVE THE FINANCIAL SECURITY SO THAT THE FAMILY CAN REMAIN STABLE AND SECURE.

